



## LOCAL COVID ALERT LEVEL

**HIGH****Social Contact**

1 household / bubble indoors. Rule of six outdoors.

**Weddings and Funerals**

Up to 15 guests for weddings and up to 30 guests for funerals. 15 for receptions, wakes and related ceremonies.

**Overnight Stays**

Overnight stays permitted subject to social contact rules.

**Working from home guidance**

Work from home where possible.

**Shopping and Retail**

Open.

**Leisure and gyms**

Open.

**Hospitality**

Open with some restrictions including 10pm closing time and table-service only.

**Entertainment and tourist attractions**

Open, except nightclubs and adult entertainment.

**Education**

Schools, FE colleges open. Universities must reflect wider restrictions.

**Healthcare Services**

Open.

**Residential Care**

Closed to external visitors other than in exceptional circumstances.

**Travel and Transport**

May continue to travel to open venues, but reduce number of journeys where possible. Avoid travel into Local COVID Alert Level Very High areas where possible.

**Sporting Activity**

Organised sport / licensed physical activity allowed in outdoor settings. Indoor organised sport must follow social contact rules (other than youth or disabled sport).

**Worship**

Open, subject to social contact rules.

**Childcare**

Registered and wraparound childcare. Supervised activities permitted in private homes. Children's groups permitted. Childcare bubbles for under 14s.

**Youth Clubs and Activities**

Permitted.

**There are three simple actions we must all do to keep on protecting each other:**



**Wash hands**  
keep washing your hands regularly



**Cover face**  
wear a face covering in enclosed spaces



**Make space**  
stay at least 2 metres apart - or 1 metre with a face covering or other precautions

For more information and detailed guidance visit:  
**[gov.uk/coronavirus](https://www.gov.uk/coronavirus)**